

KINGSWAY ADVENTURE CENTRE - EQUIPMENT LIST

You will need to bring as many of the items listed below as possible. Items marked "*" are available on loan from the Centre . The more of your own equipment that you can bring the more comfortable you will be.

For Rock Climbing, Abseiling and Bouldering & Night Patrol

A set of old clothes
A pair of training shoes or plimsolls
A set of waterproofs *
A warm jumper or jacket

For Gorge Walking and Caving

A set of old clothes
Wellingtons* or old walking boots
A set of waterproofs *
Plastic bag for wet kit

For Orienteering

A set of old clothes
A pair of strong trainers or running shoes

For Canoeing and Raft Building

A set of old clothes
A wind-proof jacket*
A pair of light sandals or trainers
Plastic bag for wet kit

For Archery, Air Rifle Shooting, Team Challenge & Ropes Course

A set of old clothes
A warm jumper or jacket
A pair of trainers
A pair of gloves

Notes on Clothing

You will need several changes of old clothes suitable for outdoor activities, sweatshirts and tracksuits are ideal; jeans are NOT suitable. Also some clothes for wearing in the evening. All your clothes are likely to get wet at some stage, so make sure they are old and not valuable.

Bedding, etc.

If you are self catering you will need to bring a sleeping bag and pillowcase, pillows are provided. You will also need washing items and two towels. An iron is available at the Centre. Storage space is limited so please do not bring more than you need, it is far better to bring all your gear in a rucksack or soft bag than a suitcase which is difficult to store.

PLEASE ALSO BRING A LARGE PLASTIC BAG FOR WET KIT ON YOUR RETURN HOME

PLEASE NOTE:

Following various problems we no longer provide a payphone for guests. We also do not provide basketballs, footballs ,etc.

We do have a basketball hoop and a front lawn suitable for football. We also have 2 table tennis tables. Bats are provided and TT balls are available for purchase from the tuck shop.