

Reviewed – 30.04.2019



Gorge Walk

Risks:

1. Drowning
2. Injury due to falling and slipping
3. Hypothermia
4. Head injuries
5. Students operating independently of instructors.

Risk	Risk Management
all	a. Instructors and assistants will be trained and assessed before leading Gorge Walking sessions. Only those instructors authorised by the Centre Manager may lead sessions.
all	b. Instructor to student ratio will not exceed 1:8.
all	c. Safety procedures will be included in the safety briefing.
1	d. The instructor is to ensure that he/she is aware of any non swimmers taking part in the activity.
1,4	e. All participants will wear buoyancy aids and helmets, properly fitted and of a suitable size.
5	f. The instructors are to remain aware of the location of every group member at all times.
2,4	g. Students should always jump off falls feet first. Somersaults or dives must not be allowed under any circumstances.
2	h. Only those jumps which have been shown to the instructor and approved by the Centre Manager may be used.
all	i. If there is any doubt as to the suitability of a gorge because of weather or water level concerns the instructor is to check with the Centre Proprietor before commencing the session.