

Reviewed – 03.05.2019



Orienteering

Risks:

1. Injury from trips and fall
2. Wandering out of boundaries and into danger
3. Immersion in water
4. Exposure

Risk	Risk Management
all	a. Instructors will have been trained and assessed by the Centre Manager.
all	b. Instructor to student ratio will not exceed 1:14.
all	c. Safety procedures and an invitation for risk disclosure will be included in the student briefing.
1	d. Specific trip Hazards will be identified, and the group will be informed during brief
1	e. Areas where there is a sudden drop will also be identified and the group will be informed of the need to stay clear
1,3	f. Instructors will place themselves in a position in which they can observe the majority of the group during the activity

- 2 Boundaries will be clearly identified to the group during the brief
- 2,3 Any group leaders will be utilized to ensure the group stay within the boundaries and away from specific hazards
- 3 Group are briefed of the need to stay away from the river
- 4 Instructors will ensure that during cold/hot weather the group members are observed for any signs of exposure.
- 4 During hot weather the instructor must make sure drinks are carried for group and the group are suitably dressed.

4

During cold/wet weather the instructor must make sure the group are adequately dressed and be prepared to return to the centre if the group appear to be suffering from even mild exposure.

